

# 2021 NHLCA ONLINE GLOBAL COACHES' CLINIC



## A SKILL DEVELOPMENT MODEL TO DICTATE PLAY

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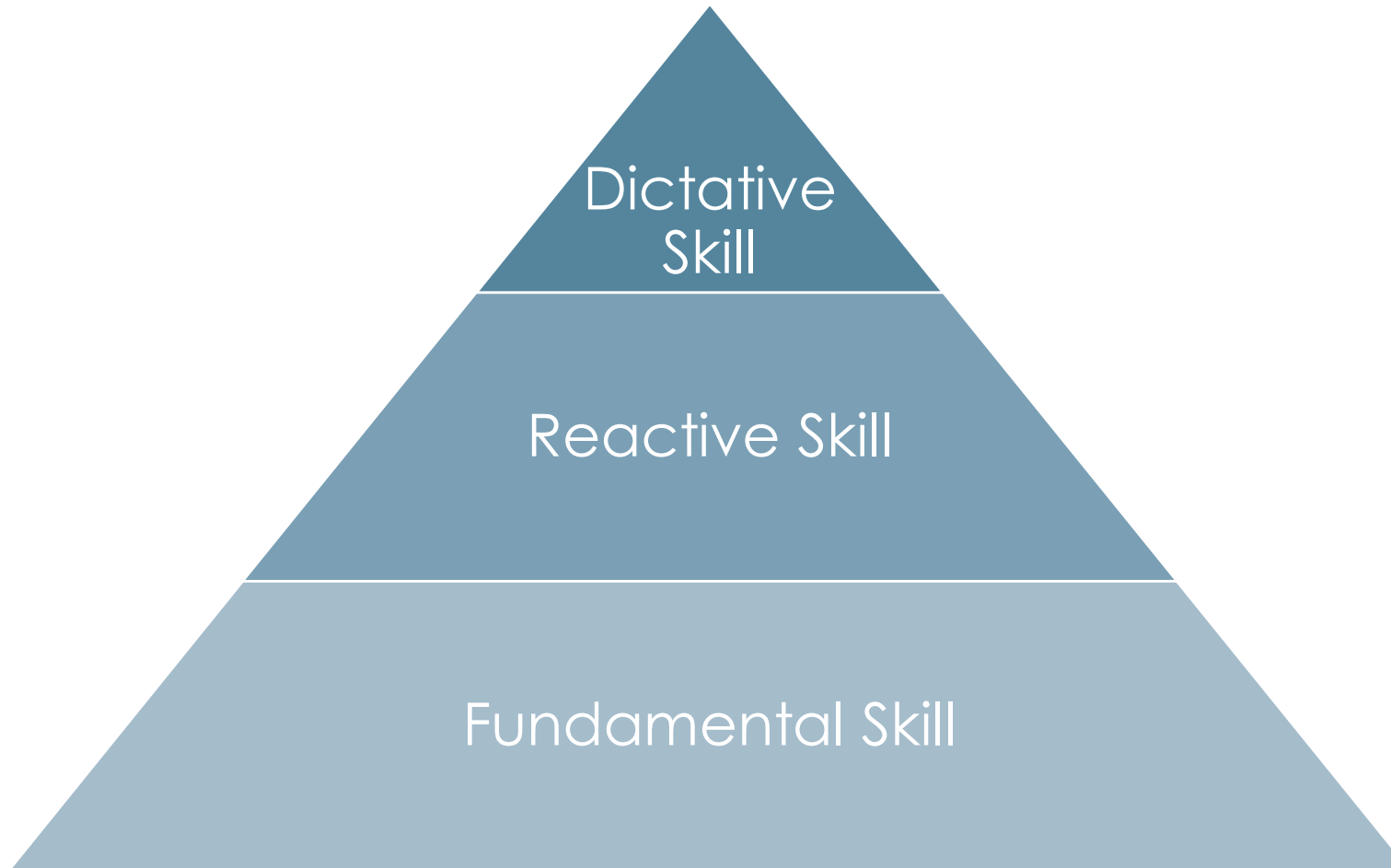
# Thanks For Believing In Me!!

- God, Andrea, Family, Parents, NHLCA
- PS Story, Mike Fisher, HMI, Partners, Coaches and Athletes in The PS Family
- NHL Help: Andy Murray, Scott Arniel
- Nashville: Brent Peterson, Barry Trotz, David Poile
- Colorado: Erik Johnson, Jared Bednar, Joe Sakic, Chris McFarland, Craig Billington, Greg Cronin
- Avs Coaching Staff: Jared Bednar, Ray Bennett, Nolan Pratt, Jussi Parkilla, Brett Heimlich
- Thanks to all the people in the game from Minor Hockey Coaches, Jr., College, Pro hockey that have helped me reach the NHL.
- Most importantly thanks to you, fellow coaches who are out there making a difference in the lives of young people through the game

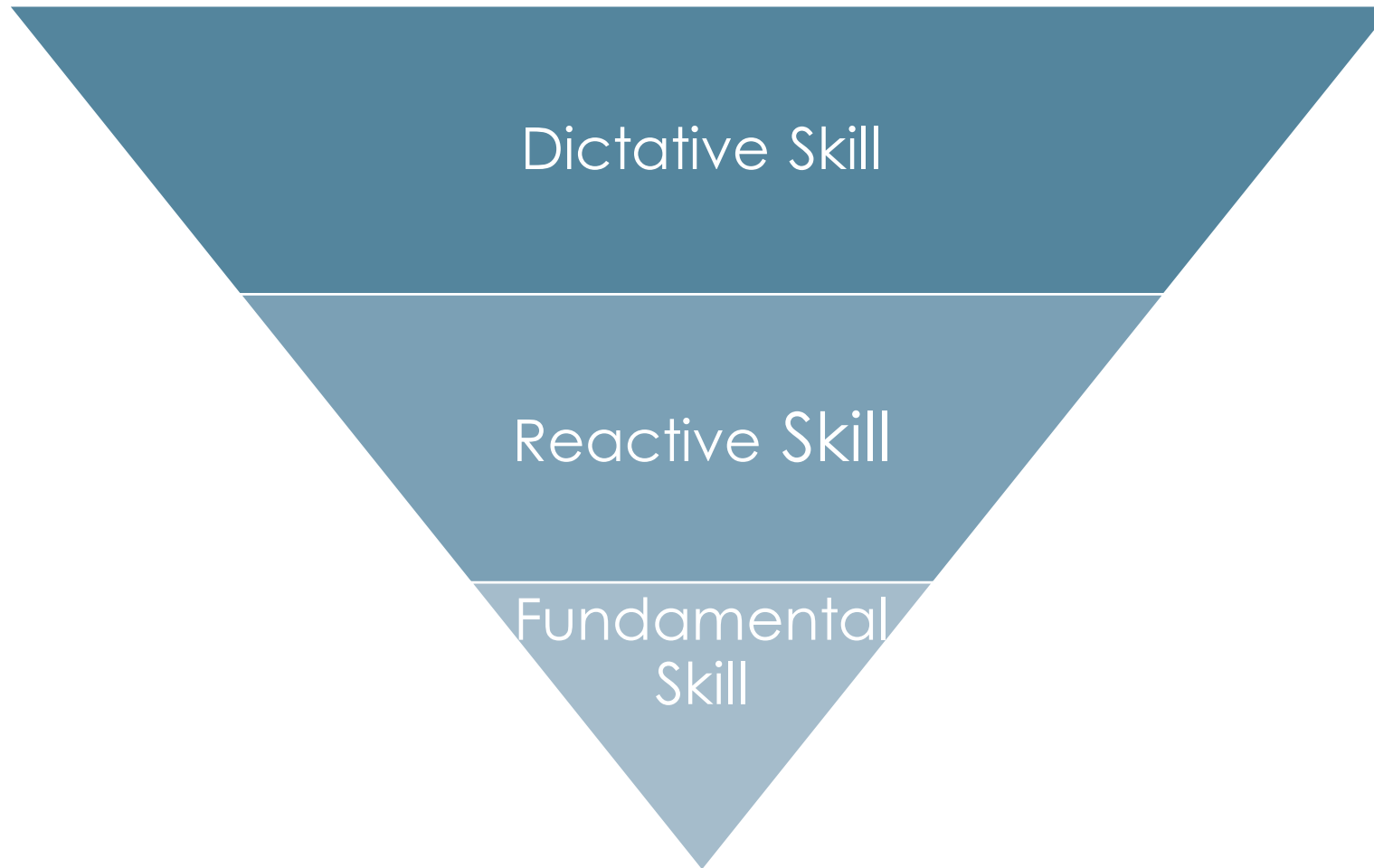
# Skill Definitions

- **Fundamental Skill:** Basic Movement Pattern and Skill Level Concepts that require no reactivity or situational processing
- **Reactive Skill:** Movement Pattern and Skill Level Concepts that are reactive and unable to be dictated
- **Dictative Skill:** Movement Pattern and Skill Level Concepts that are pre-programmed and influence opponents Movement Patterns, Skill Decisions and Positioning

# The Challenge in Today's Skill Development Mecca



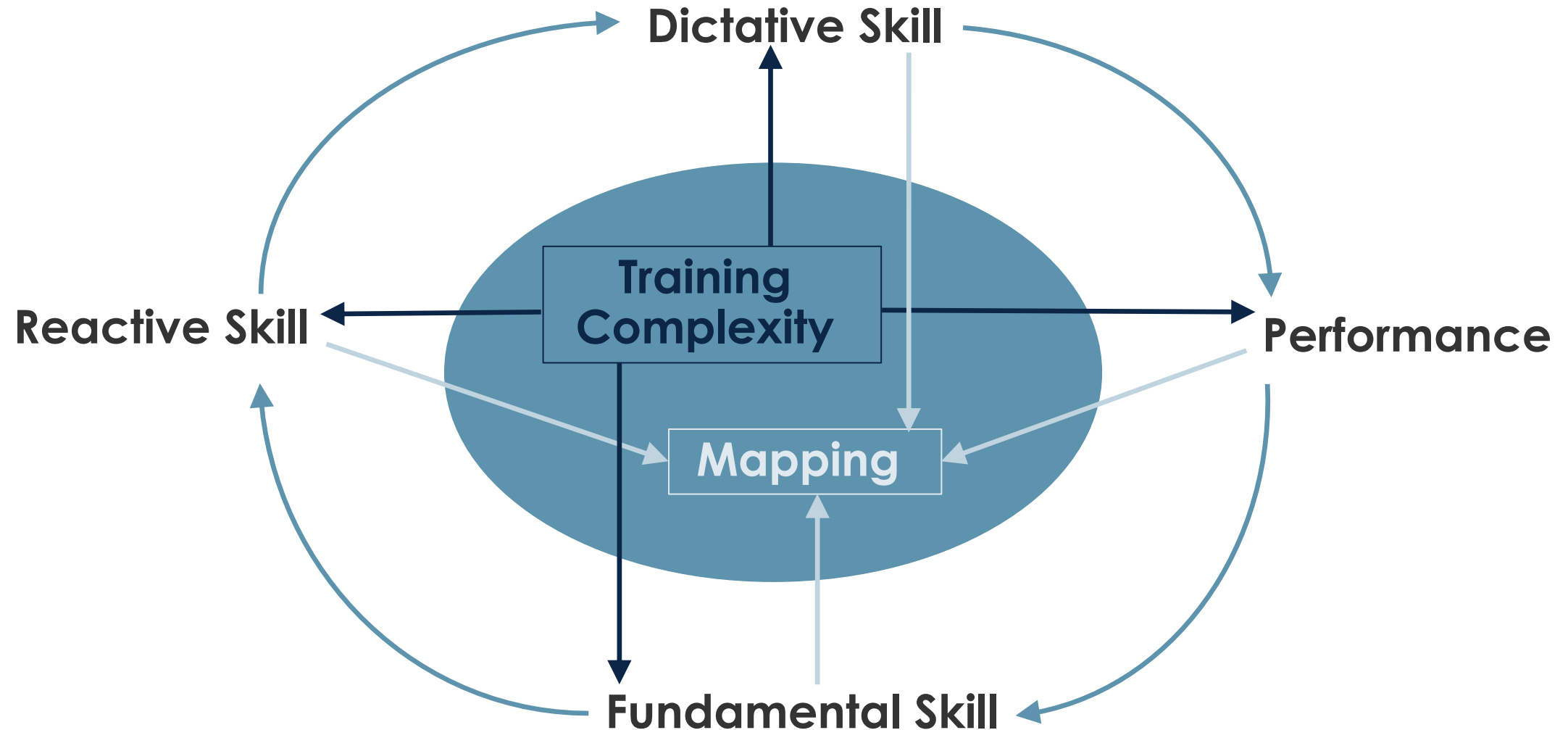
# How the Best Players in the World Express Skill



# Performance Definitions

- **Patterns:** Connected Skating Movements
- **Skills:** Skills Expressed in Conjunction with Skating Patterns that Protect, Possess or Create Space
- **Complexity:** Layers Added to the Performance Model that Promote and Progress Dictative Play through Mapping
- **Mapping:** The Ability of the Nervous System to Create Pictures of Situations, Patterns and Skills through Perception and Feel.

# Our Development Model to Dictate Skill



# Complexity: The Missing Link to Performance Development and Dictative Skill

- **Pressure:** Body and Stick
- **Situational Awareness:** Dictating Options
- **Space:** Patterns and Skills to Create it
- **Audibles:** Multiple Patterns and Skills that Dictate



# Dictative Skill Development Framework

- Teach Fundamental Movement Pattern
- Integrate Associated Skills
- Create Reactivity
- Teach Dictative Patterns and Skills
- Add Complexity

THANK YOU

