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Life Care Planning Barriers Identified by U.S. and Canadian Life Care Planners and Key Factors for Building a Strong Foundation for Your Life Care Plans

Presenters

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Learning Objective

Learn of the research survey results identifying common challenges faced by life care planners across North America. Valuable resources available for overcoming these barriers and 10 key factors for building a strong foundation for your Life Care Planning practice will be presented. Presentation derived from research published as:

Fischer, J. & Wilkins, M.J. (2017). Challenges and practice issues faced by Canadian life care planners. *Journal of Life Care Planning*, 15(3), 31-36.

Owen, T. & Wilkins, M.J. (2019). Practice Challenges Identified by Life Care Planners in the United States. *Journal of Life Care Planning*, 17(2), 33-39.

The Big Three: Practice Challenges & How to Address Them

#1 - Collaboration: *Difficulty getting health care professionals to collaborate to identify the evaluatee's future (long-term) treatment needs.*

Resources:

- ❑ Weed & Berens (2019). Life Care Planning and Case Management Handbook (4th ed.)
- ❑ Weed & Owen (2018). Life Care Planning A Step-by-Step Approach (2nd edition)
- ❑ Robinson (2014). Foundations of Forensic Vocational Rehabilitation
- ❑ IARP (2015). Standards of Practice for Life Care Planners (3rd edition)
- ❑ AANLCP (2015). Nurse Life Care Planning: Scope and Standards of Practice

***Journal of Life Care Planning* articles include:**

- ❑ Life Care Planning Consensus and Majority Statements, 2000-2018: Are They Still Relevant and Reliable? A Delphi Study. Cloie Johnson, Jamie Pomeranz, Nichole E. Stetten, 16(4), 5-13.
- ❑ Consensus and Majority Statements derived from Life Care Planning Summits held in 2000, 2002, 2004, 2006, 2008, 2010, 2012, 2015 and 2017 and updated via Delphi study in 2018. Cloie Johnson, Jamie Pomeranz, Nichole E. Stetten, 16(4), 15-18.
- ❑ Revisiting the Concept of Transdisciplinary Life Care Planning. Kristen L. Mauk, 17(1), 5-6.
- ❑ A Comparison of Life Care Planning Standards of Practice. Jamie N. Gamez, Cloie B. Johnson & Laura Stajduhar, 15(3), 37-44.
- ❑ Eliciting Rehabilitation Recommendations During Forensic Life Care Plan Consultations. Michael Shahnasarian, 15(2), 13-20.
- ❑ Use of Scientific Research and Clinical Practice Guidelines: A survey of Experienced Life Care Planners. Pomeranz, Yu, Wemmer & Watson. 6(3&4), 77-98.
- ❑ Life Care Planner: Secretary, Know-it-all, or General Contractor? One Person's Perspective. Weed, 1(2), 173-178.

#2 - Future Care Costing: *Difficulty obtaining and providing cost data in the LCP.*

Resources:

- ❑ Weed & Berens (2019). Life Care Planning & Case Management Handbook (4th ed.)
- ❑ IARP (2015). Standards of Practice for Life Care Planners (3rd ed.)
- ❑ Weed & Johnson (2006) Life Care Planning in Light of Daubert and Kumho
- ❑ Garland & Anderson (2008). Life Care Planning: A Method to Your Madness
- ❑ Field (2017). History of Private Sector Rehabilitation
- ❑ Weed & Field (2012). Rehab Consultant's Handbook (4th ed, revised)

***Journal of Life Care Planning* articles include:**

- ❑ 2017 Life Care Planning Summit (in Denver) Focused Heavily on Life Care Planning Costing Process. 16(4).
- ❑ Empirical Validation of Medical Equipment Replacement Schedules in Life Care Plans. Irmo Marini, Chia Vang, Danielle Leigh Antol, Elaine M. Mora, Paola Quijano, Rigel Macarena Pinon, and Sergio Cuevas, 17(2), 5-17.
- ❑ Performing a Review of Past Medical Bills to Determine the Reasonableness of Costs. Laura E. Stajduhar, John R. Cary, Nicholas J. Choppa, and Jamie N. Gamez, 17(2), 51-55.
- ❑ Critical Elements of Healthcare Costing. Rebecca M.S. Busch, 16(2), 37-42.
- ❑ Managing the Notion of UCR in a Life Care Plan. Rebecca Mendoza Saltiel Busch. 15(3), 3-14.
- ❑ Complexities of Surgery Pricing and Implications for Life Care Planner., Laura Woodard, Elizabeth Kattman, & Stella Spencer, 15(1), 3-8.
- ❑ Empirical Validation of Medical Equipment Replacement Values in LCP. Marini & Harper, 4(4) 173-182.
- ❑ Setting Standards of Protocol for Replacement Schedules of Medical Equipment in a Life Care Plan. Amsterdam, 1(4), 275-284.
- ❑ Consistency of Hospital Pricing Data in Life Care Planning. Rosenblatt, 1(2), 169-172.

#3 - Case Development/Attendant Care: *Difficulty determining attendant care hours and household support hours.*

Resources:

- ❑ Weed & Berens (2019). Life Care Planning & Case Management Handbook (4th ed.)
- ❑ Consortium for Spinal Cord Medicine (1999). Outcomes Following Traumatic SCI: Clinical Practice Guidelines for Health care Professionals
- ❑ Weed & Field (2012). Rehab Consultant's Handbook (4th ed, revised)

***Journal of Life Care Planning* articles include:**

- ❑ Predicting Long-Term Care: Determinants of Probability. Jennifer Crowley, 16(3), 29-33.
- ❑ Determining 24-Hour Supervision: A Scoping Review through a Canadian Legal Database. Avelino (Jun) Maranan and Mathew Rose, 15(3), 13-17.
- ❑ Critical Elements of Home Health Service Provision for Life Care Planners. Tanya Rutherford Owen, Melissa Jones Wilkins, Brandy Kilpatrick, 13(4), 11-20.
- ❑ Working and Care-giving: The Impact on Caregiver Stress, Family-Work Conflict, and Burnout. Karen R. McDaniel and David G. Allen, 10(4), 21-32.
- ❑ Tools for Making Home Care Decisions: A Clinician's Worksheets. Karen Preston, 8(4), 195-198.
- ❑ Determining Type and Quality of Household Services Required for Persons with Disabilities: Using Time Use Survey Data. Jodi Fischer, 6(1&2), 3-13.
- ❑ Consensus Among Life Care Planners Regarding Activities to Consider When Recommending Personal Attendant Care Services for Individuals with Spinal Cord Injury: A Delphi Study. Pomeranz, Shaw, Sawyer & Velozo 5(1&2) 7-24.
- ❑ Reliance on Objective Functional Testing to Identify an Individual's Needs for Home Support Services. Jodi Fischer, 3(1), 29-34.

10 Key Factors to Take into Consideration for Building a Strong Foundation for your Life Care Plans (copyright 2018, Jodi Fischer)

- ❑ Identify and seek to clarify vague medical prognostic statements
- ❑ Determine the assessment approach that best suits your case
- ❑ Inform referral source early in the process when additional information is required
- ❑ Consider pre-existing medical conditions and functional deficits
- ❑ Prepare specific questions for consulting with treatment practitioners involved in the client's care to assist with determining future treatment needs
- ❑ Seek out resources that identify accepted standards of care for the client's diagnosed conditions
- ❑ Review previous legal judgments on issues central to the case
- ❑ Be prepared to explain the reason recommendations are different than those the client has been receiving as part of their rehabilitation benefits
- ❑ Data is gathered from a variety of different sources and is weighted differently in the decision making process
- ❑ Acknowledge and consider differing opinions of other health care professionals involved in the case

Thank you for listening and sharing in our discussion!