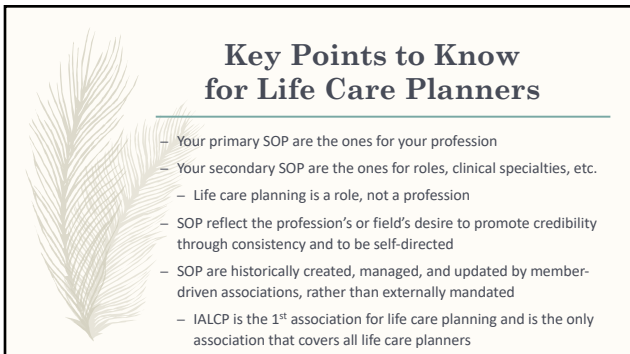


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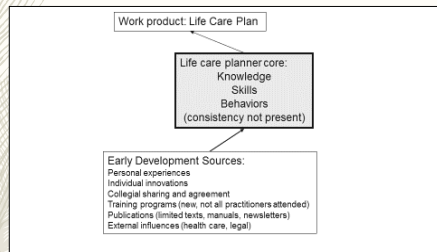
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To Detail or Not to Detail: That is Not a Question!

- SOP are intended to be general statements that allow for judgement by the practitioner and for changes
- Look to other sources for details, such as Consensus Statements

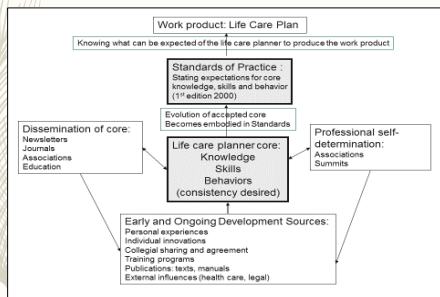
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A Visual Model of the Evolution: 2000

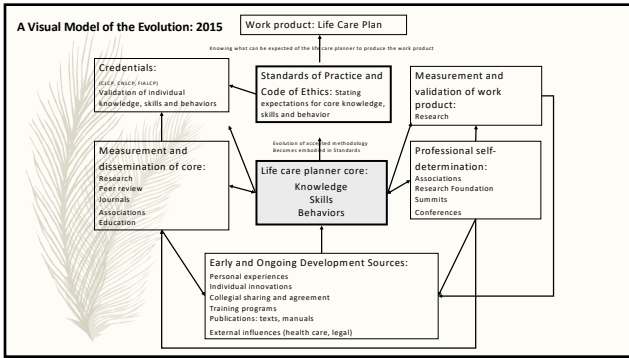


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A Visual Model of the Evolution: 2006



6



7

For Further Reference: JLCP Articles


- An Attorney Perspective on Standards of Practice: A Weapon or a Shield? Journal of Life Care Planning, Volume 13, Number 3, 2015. (Nathaniel Fick and Karen Preston)
- Revision Process for the Standards of Practice for Life Care Planners. Journal of Life Care Planning, Volume 13, Number 3, 2015. (Karen Preston and Christine Reid)
- Special Issue: Life Care Planning Summit Proceedings. Journal of Life Care Planning, Volume 16, Number 4, 2018

8

Scope of Practice: How It Affects What YOU Recommend

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9



Consensus Statements 2010

- Life care planners may independently make recommendations for care items/services that are within their scope of practice.
- Life care planners seek recommendations from other qualified professionals and/or relevant sources for inclusion of care items/services outside the individual life care planner's professional scope(s) of practice

10




Standards of Practice 3rd edition 2015

1. STANDARD: The life care planner practices within his or her professional scope of practice.

MEASUREMENT CRITERIA:

- a. Remains within the scope of practice for his or her profession as determined by state, provincial, or national credentialing bodies. The functions associated with performing life care planning are within the scope of practice for rehabilitation and health care professionals.
- b. Independently makes recommendations for care items/services that are within the scope of practice of his or her own professional discipline.


11



Sources of Scope of Practice

- Your profession
- State and/or national or provincial governing bodies who have authority over your profession
- Also consider whether you have "expanded" scope through:
 - Advanced training (degrees, licenses, post-graduate clinical courses)
 - Experience in specialty areas
 - These add-ons mean that not everyone has the same scope of practice, so be sure to include these in resume/CV

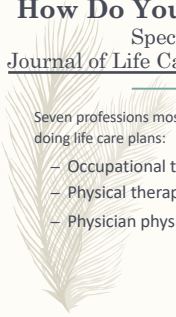
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Litmus test?

– Could you order this in real-life clinical practice?

13



How Do You Know What Others Can Do?
 Special Issue on Scope of Practice
Journal of Life Care Planning, Volume 17, Number 1, 2019

Seven professions most commonly doing life care plans:


– Occupational therapist	– Psychologist
– Physical therapist	– Registered nurse
– Physician physiatrist	– Rehabilitation counselor
	– Speech-Language pathologist

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Let's play with some examples


15



Examples to Consider

- What profession is the life care planner?
- Do you know whether there are "add-on" abilities?
- For each recommendation as written, did LCP stay within scope?
- What kind of professionals could opine?

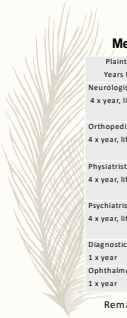
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Information in Narrative Report

- "The following recommendations are based upon my education and training as a registered nurse, my experience in clinical practice for 35 years, and my knowledge of community standards of care. These recommendations were submitted to Dr. X, who is the primary care provider for John Doe, for review and approval. Dr. X approved the recommendations as submitted."

17



Medical Care - Routine Visits and Periodic Evaluations

Plaintiff Recommendation Years Needed & Frequency	Plaintiff Costs (Source)	What Disciplines Are Qualified to Make This Recommendation?
Neurologist 4 x year, life	\$350/visit \$1,400/year (Source not cited)	
Orthopedist 4 x year, life	\$300/visit \$1,200/year (Source not cited)	
Physiatrist 4 x year, life	\$200/visit \$800/year (Source not cited)	
Psychiatrist (med management) 4 x year, life	\$300/visit \$1,200/year (Source not cited)	
Diagnostic test monitoring 1 x year	\$1,000/year (Source not cited)	
Ophthalmology evaluation 1 x year	\$500/year (Source not cited)	

Remaining tables are in handout. Please use that to complete your answers.

18



Standard of Practice
4

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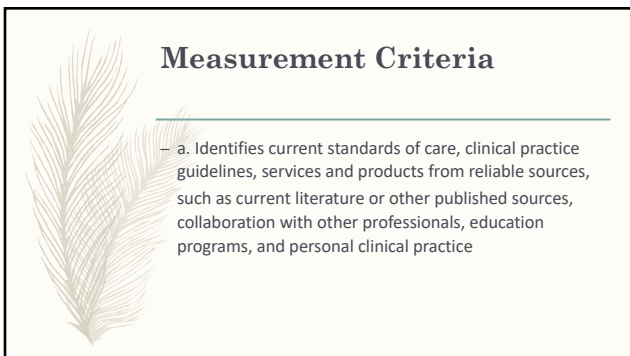
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Standard 4

- Standard: The life care planner uses a consistent, valid and reliable approach to research, data collection, analysis, and planning


20



Measurement Criteria

- a. Identifies current standards of care, clinical practice guidelines, services and products from reliable sources, such as current literature or other published sources, collaboration with other professionals, education programs, and personal clinical practice


21



Interactive Discussion

- List of tools for finding clinical practice guidelines
- List of reliable sources to get services and products
- List what professionals we might collaborate with
- List of what role educational presentations may have
- How does clinical practice assist with supporting the life care plan


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Measurement Criteria

- b. Researches appropriate options and charges for recommendations, using sources that are reasonably available to the evaluatee

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Interactive Discussion

- List options for finding cost data

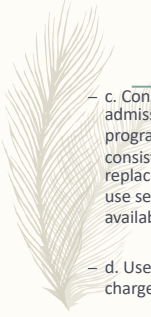
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Life Care Plan Handout


The Albee Life Care Plan Handout will be used to review the additional Measurement Criteria for Standard 4

25



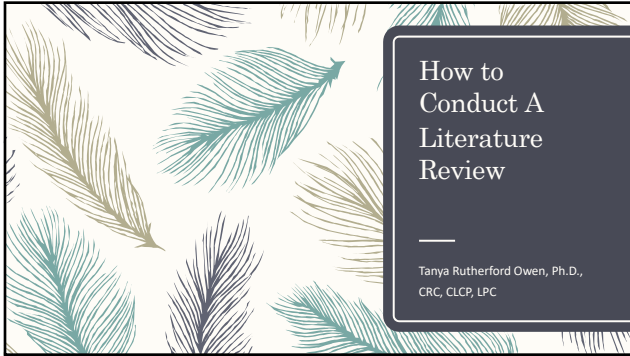
- c. Considers appropriate criteria for care options, such as admission criteria, treatment indications or contraindications, program goals and outcomes, whether recommended care is consistent with standards of care, duration of care, replacement frequency, ability of the evaluatee to appropriately use services and products and whether care is reasonably available
- d. Uses a consistent method to determine available choices and charges

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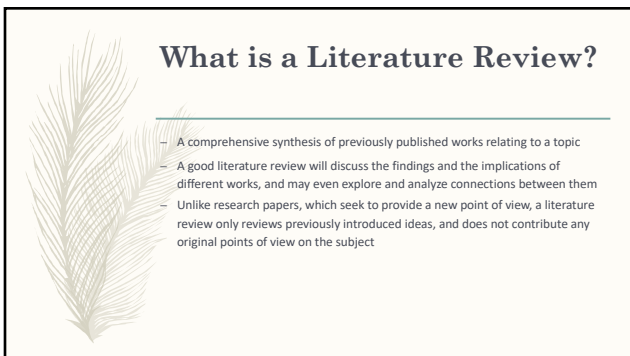


- e. Uses classification systems (e.g. International Classification of Diseases, Current Procedural Terminology) to correlate care recommendations and charges when these systems are available or helpful in providing clarity
- f. Uses and relies upon relevant research that should be readily available for review and reflected within the life care plan

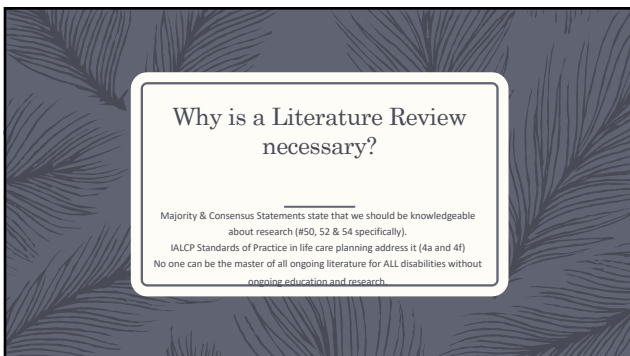
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28



29



30

Developing a Research Question

- A bad question:
 - What are future care needs for a cervical spine injury?
- A good question:
 - What is the likelihood of future surgery after a cervical fusion?

31

Research Goals

Before you start conducting research, know what you want to search for

Some good questions to ask are:

- How much previous research has been done on this topic?
- Will your research question do well with dozens of articles or would it be better off focusing on a few key works?
- Will your review focus solely on journal articles, or do you want to include other sources (books, websites, etc.)?
- What methods are you going to use to find your material (which databases, libraries, etc.)?

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Navigating Academic Databases

You should utilize academic databases to explore the research that you will draw from

Academic databases provide quick, easy access to all sorts of academic works, allowing you to sift through hundreds of academic journal articles related to your research question

Google Scholar is a free online academic database that anyone can use

Other databases like JSTOR and ProQuest require a subscription fee

Additionally, some databases focus specifically on certain topics. PubMed, for example, is an academic database for medicine

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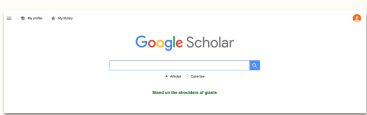
Navigating Academic Databases

- Tips for navigating academic databases:
 - Use keywords relating to your topic, and use AND to search for multiple keywords
 - Using an asterisk brings up any word starting with what you search for (comp* will bring up results for computers, computations, composition, etc. However, this shortcut does not work with Google Scholar)
 - Using a wildcard (usually ? Or |) will search for a word with any letter in the place of the wildcard (h?t will search for hit or hot or hat. Again, does not work with Google Scholar).

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Navigating Academic Databases: Google Scholar

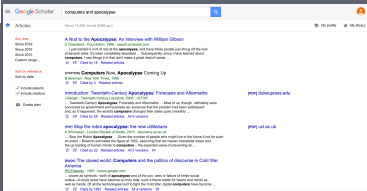
- While Google Scholar is somewhat limited in what you can access, it is free and easy to use.
- To access it, simply go to scholar.google.com, select articles below the search bar, and search just as you would with Google



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Navigating Academic Databases: Google Scholar

- On the left there are search filters
- On the right are pdf views of the articles



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Finding and Evaluating Sources

Ideally, you want to find sources that are relevant to your research question and provide different perspectives on the topic

Some guidelines to consider:

Make sure your sources are credible . Avoid sources that are heavily based on opinion.	Avoid using articles that come from untrustworthy authors or illegitimate publishers.	Make sure your sources are up-to-date . Don't base your literature review on outdated material.	Make sure all of the sources you choose to include adhere to the focus of your research question.
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37

Putting it All Together


- Before you begin writing, focus on the organization of your review
- Think about how the sources you have gathered will affect how you structure your writing. Get a general idea of how you will put together the body of your writing
- Some organizational tactics to consider:
 - Grouping sources by date published
 - Grouping sources by type of source (books, articles, etc.)
 - Grouping sources by trends

38

Writing

- Once you have created your research question, found a reliable body of works, and organized your materials, you can begin the process of writing your review
- Introduction: Your introduction will give a brief rundown of your topic and will lay out your plan of how you intend to present your sources
- Body: Your body should adhere to the organizational plans you put in place, and will synthesize all of your sources
- Conclusion: Your conclusion should highlight the ways in which your review served to answer your research question. Remember: the purpose of a literature review is to break down previous works, NOT to provide any new conclusions


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Writing

- Important to include your resources used in the literature review section of your report
- To be APA compliant, use APA 6th edition manual
- Shortcut- Use OWL at Purdue for how to cite article, book, website, etc.
 - https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/in_text_citations_author_authors.html
 - https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/reference_list_articles_in_periodicals.html


40



Life Care Planning Literature – Musts Reads!

- Deutsch, P.M. (1990). A Guide to Rehabilitation Testimony. Orlando, FL: PMD Press.
- Deutsch, P. & Sawyer, H. (1999). A Guide to Rehabilitation. NY: Ahab Press.
- Deutsch, P. & Raffa, F. (1982). Damages in Tort Actions. Vol. 9. Matthew Bender.
- Field, T., Choppa A., Johnson, C., and Fountaine, J., (2015) The Collateral Source Rule and the Affordable Care Act: Implications for life care planning and Economic Damages, Journal of life care planning, 13 (3), 3-16.
- Pomeranz, Yu & Robinson (2014). Introduction to Life Care Planning (2014). In Robinson (Ed.) Foundations of Vocational Rehabilitation. New York: Springer Publishing.


41



Life Care Planning Literature – Musts Reads!

- International Academy of Life Care Planners. (2015). Standards of Practice for Life Care Planners.
- American Association of Nurse Life Care Planners. (2015). Nurse Life Care Planning Scope and Standards of Practice.
- Weed, R.O., Berens D.E. (2018). Life Care Planning and Case Management Handbook, Fourth Edition
- Riddick-Grisham, S. (2004). Pediatric Life Care Planning and Case Management


42



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- International Academy of Life Care Planners. (2015). Standards of Practice for Life Care Planners.
- American Association of Nurse Life Care Planners. (2015). Nurse Life Care Planning Scope and Standards of Practice.
- Weed, R.O., Berens D.E. (2018). Life Care Planning and Case Management Handbook, Fourth Edition
- Riddick-Grisham, S. (2004). Pediatric Life Care Planning and Case Management


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Life Care Planning Literature – Musts Reads!

- Weed, R.O., Owen, T.R. (2018). Life Care Planning: A Step-by-Step Guide, Second Edition
- Field, T.F., Barros-Bailey, M., Riddick-Grisham, S., & Weed, R.O. (2009). Standard of Care: Making Sense of Practice, Ethical, Legal, and Credentialing Guidelines in Forensic Rehabilitation.
- Weed, R.O. & Field, T.F. (2012). Rehabilitation Consultant's Handbook, Fourth Edition.
- International Commission on Health Care Certification. (2015). Practice Standards and Guidelines. https://www.ichcc.org/images/PDFs/ICHCC_StandardsandGuidelines.pdf

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Life Care Planning- Must Reads!

- *Journal of Life Care Planning* articles from 2002-present
- Archived for IARP members at https://rehabpro.org/general/custom.asp?page=journal_life_care
- Index of all articles can be found at https://rehabpro.org/page/JLCP_index
- Johnson, C. & Pomeranz, J. (2018). Life Care Planning Summit Proceedings, *Journal of Life Care Planning*, 16(4).

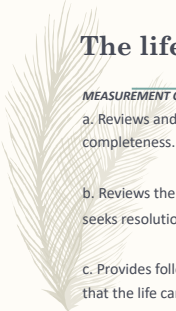
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Standard of Practice
#9

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CNLCP

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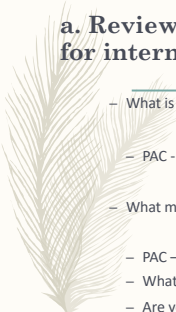
Standard #9

The life care planner evaluates.

MEASUREMENT CRITERIA:

- a. Reviews and revises the life care plan for internal consistency and completeness.
- b. Reviews the life care plan for consistency with standards of care and seeks resolution of inconsistencies.
- c. Provides follow-up consultation as appropriate and permitted to ensure that the life care plan is understood and properly interpreted.

47



a. Reviews and revises the life care plan for internal consistency and completeness.

- What is *internal consistency*?
- PAC - Multidimensionality of LCPs
- What makes a Life Care Plan *complete*?
- PAC - How much is enough?
- What is the purpose of your LCP?
- Are your goals "legal" or those of a rehab professional?

48

b. Reviews the life care plan for consistency with standards of care and seeks resolution of inconsistencies.

- Which Standards of Care? How many opinions?
- What do you do when the opinions differ?
- Treater vs. IME expert
- Treater or IME expert vs. Clinical guidelines
- Treater or IME expert or Clinical guidelines vs. common sense?

49

b. Reviews the life care plan for consistency with standards of care and seeks resolution of inconsistencies. (continued)

- What if your opinion is different than the hired medical expert's opinion???

50

c. Provides follow-up consultation as appropriate and permitted to ensure that the life care plan is understood and properly interpreted.

- Family?
- Retaining attorney?
- MD?
- Economist?
- Is follow-up consultation required, recommended, or just as needed?

51

Case study LCP

- See Costantini handout - LCP case example

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Standard of Practice #10

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53

Standard #10
The life care planner may engage in forensic applications.

MEASUREMENT CRITERIA:

- a. Acts as a consultant to legal proceedings related to determining care needs and costs in the role of an impartial advisor to the court.
- b. May provide expert sworn testimony regarding development and content of the life care plan.

54

a. Acts as a consultant to legal proceedings related to determining care needs and costs in the role of an impartial advisor to the court.

–How objective can you be?



55

b. May provide expert sworn testimony regarding development and content of the life care plan.

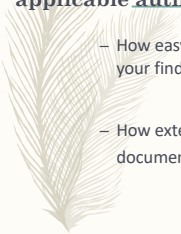
- Why do attorneys hire Life Care Planners?
- What are the LCPer's obligations as an expert witness?
- Is it only about how wonderful a LCPer you are?
- Are you prepared to defend your opinions?
- How do you prepare?



56


c. Maintains records of research and supporting documentation for content of the life care plan for a period of time consistent with requirements of applicable authoritative jurisdictions.

- How easy do you make it for another LCPer to duplicate your findings?
- How extensive and detailed do your records and documentation need to be?



57


c. Maintains records of research and supporting documentation for content of the life care plan for a period of time consistent with requirements of applicable authoritative jurisdictions. (Continued)



- How did you reach your decisions about recommendations?
- Will you remember when it comes time to testify?

58

Case study discussion



- See Costantini LCP handout

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