

SAMPLES: How much detail is necessary in the details of the recommendations and the sources of cost research? Is adequate information provided for you to verify costs, identify each service, identify the frequency and duration of each service? If you are asked to critique this plan from the “other side”, can you?

Sample #1 (Note: this is the entire LCP “tables”):

Outpatient Physician and Therapeutic Care

Service/Item	Start Age	Target Age	Units/ Year	Average Unit Cost	Annual Cost	Life Time Cost
Allied Health (PT/OT/ST)	51	82	170 / 31	\$194.84	\$1,068.48	\$33,122.80
Case Management	51	82	24	\$145.75	\$3,498.00	\$108,438.00
Health and Behavior Psych	51	82	70 / 31	\$201.33	\$454.62	\$14,093.10
MD consultation	51	82	2	\$258.80	\$517.60	\$16,045.60
Outpatient Physician Care	51	82	4	\$117.00	\$468.00	\$14,508.00
Rehabilitation Maintenance	51	82	12	\$65.00	\$780.00	\$24,180.00

Long Term Care

Service/Item	Start Age	Target Age	Units/ Year	Average Unit Cost	Annual Cost	Life Time Cost
ALF/Attendant Care	51	65	1	\$89,543.63	\$89,543.63	\$1,253,610.82
ALF/Attendant Care	65	75	1	\$143,255.20	\$143,255.20	\$1,432,552.00
ALF/Attendant Care	75	82	1	\$109,500.00	\$109,500.00	\$766,500.00
Household Essential Svcs.	51	75	12	\$200.00	\$2,400.00	\$57,600.00

Medications

Service/Item	Start Age	Target Age	Units/ Year	Average Unit Cost	Annual Cost	Life Time Cost
Anticonvulsant	51	82	365	\$8.27	\$3,018.55	\$93,575.05
Anti-ulcer/GERD	51	82	365	\$4.47	\$1,631.55	\$50,578.05
Calcium supplement	51	82	365	\$0.40	\$146.00	\$4,526.00
Multivitamin supplement	51	82	365	\$0.45	\$164.25	\$5,091.75
NSAID (OTC)	51	82	180	\$0.40	\$72.00	\$2,232.00
Vitamin D	51	82	365	\$0.50	\$182.50	\$5,657.50

Diagnostics

Service/Item	Start Age	Target Age	Units/ Year	Average Unit Cost	Annual Cost	Life Time Cost
Audiologist	51	82	1	\$100.00	\$100.00	\$3,100.00
Bone Density Study	51	82	1 / 5	\$380.40	\$76.08	\$2,662.80
EMG	51	82	1 / 31	\$420.50	\$13.56	\$420.50
MRI/CT Brain	51	82	1 / 31	\$1,500.00	\$107.58	\$3,190.00
MRI/CT Spine	51	82	1 / 10	\$1,194.63	\$119.46	\$4,778.52
Nerve Conduction Study	51	82	1 / 31	\$764.63	\$24.67	\$764.63
Neuroendocrine study	51	82	1 / 3	\$2,389.00	\$796.33	\$26,279.00
Neuropsychological Eval.	51	82	1 / 31	\$2,076.00	\$66.97	\$2,076.00
Routine Diagnostic Studies	51	82	1	\$163.00	\$163.00	\$5,053.00
Sleep Study	51	82	3 / 31	\$1,494.17	\$144.60	\$4,482.51
Vocational Evaluation	51	65	5 / 14	\$218.00	\$77.86	\$1,090.00
X-ray Spine	51	82	1 / 5	\$184.38	\$36.88	\$1,290.66

Inpatient Care/Outpatient Procedures

Service/Item	Start Age	Target Age	Units/Year	Average Unit Cost	Annual Cost	Life Time Cost
Long Bone Fracture	51	82	1 / 31	\$17,811.02	\$574.55	\$17,811.02
Problematic Seizures Inpt.	51	82	1 / 31	\$32,440.83	\$1,046.48	\$32,440.83
Seizure Disorder (annual)	51	82	1	\$3,859.20	\$3,859.20	\$119,635.20

DME & Supplies

Service/Item	Start Age	Target Age	Units/Year	Average Unit Cost	Annual Cost	Life Time Cost
Bathroom Safety	51	82	1 / 5	\$695.72	\$139.14	\$4,870.04
Gloves	51	82	24	\$6.75	\$162.00	\$5,022.00
iPad/iPhone	51	82	1 / 5	\$756.67	\$151.33	\$5,296.69
Lifeline	51	82	12	\$29.46	\$353.52	\$10,959.12
Linen Savers	51	82	730	\$0.95	\$693.50	\$21,498.50
Mattress Cover	51	82	2	\$43.32	\$86.64	\$2,685.84
Misc. Adaptive Equip.	51	82	1	\$200.00	\$200.00	\$6,200.00
Pads	51	82	365	\$0.53	\$193.45	\$5,996.95
Software (cognitive)	51	82	1	\$300.00	\$300.00	\$9,300.00

Survey data for cost of services, supplies, durable medical goods and equipment, etc. has been collected [REDACTED] annually since its inception. Among the companies surveyed are the following:

- ❖ MetLife
- ❖ Genworth
- ❖ Northwestern
- ❖ John Hancock
- ❖ Salary.com
- ❖ Bls.gov
- ❖ Apria Medical
- ❖ APC Home Care
- ❖ Girling Health Care
- ❖ [REDACTED]
- ❖ Welcome Home Care
- ❖ Maxim Healthcare Services
- ❖ Right at Home
- ❖ Txpricepoint.org
- ❖ GoodRx.com
- ❖ Environmental Rehabilitation Consultants
- ❖ Independence Builders, Inc.
- ❖ Independent Mobility Systems, Inc.
- ❖ Interim Health Care
- ❖ Novacare, Rehabilitation
- ❖ Olsten Kimberly Quality Care
- ❖ Allegro Medical.com
- ❖ The Institute for Rehabilitation and Research
- ❖ Transitional Learning Community
- ❖ Transitional Services
- ❖ CORE Rehabilitation
- ❖ Recovery Premier
- ❖ [REDACTED]
- ❖ Center for Nonverbal Skills
- ❖ [REDACTED]
- ❖ Wasserman Y. Physicians' Fee Reference, Pricing Program, Medical Publishers Limited
- ❖ National Center for Health Statistics, National Vital Statistics Report, Life Tables
- ❖ National Inpatient Profile, HCLIA
- ❖ DRX.com
- ❖ Physicians Current Procedural Terminology, American Medical Association
- ❖ National Hospital Directory
- ❖ Epocrates
- ❖ Walgreen's
- ❖ CVS

Sample #2 (Note: this is an excerpt of 2 tables from a total of 10 tables):

Recommended Future Medical Care and Physician Visits				
Routine Medical Care	Frequency of Visits / Duration	Life Time Cost 81.8 Years Old	90 Years Old	95 Years Old
Psychologist	Evaluation	\$328.20	\$328.20	\$328.20
Psychiatrist	Evaluation	\$507.62	\$507.62	\$507.62
Orthopedist	Every 3 months for LE	\$28,428.25	\$39,121.44	\$45,641.68
Pain Management	Monthly for 2 years	\$7,824.29	\$7,824.29	\$7,824.29
Pain Management	Then every 2 months for LE	\$38,730.23	\$54,770.02	\$64,550.38
Spine neurosurgeon	Evaluation	\$517.46	\$517.46	\$517.46
Spine neurosurgeon	Visits	TBD	TBD	TBD
Totals		\$76,336.04	\$103,069.02	\$119,369.62

Recommended Future Medical Care - Recommended Procedures, Surgical Intervention and Hospitalizations				
Recommended Surgery	Life Time Cost 81.8 Years Old	90 Years Old	95 years old	Recommended By
Shoulder decompression and rotator cuff repair				██████████ MD
Surgeon Fee	\$14,288.73	\$14,288.73	\$14,288.73	
Assistant Surgeon Fee	\$4,286.62	\$4,286.62	\$4,286.62	
Anesthesia Fee	\$2,281.72	\$2,281.72	\$2,281.72	
Facility Fee	\$33,369.00	\$33,369.00	\$33,369.00	

Sample #3 (Note: This is an excerpt of 3 tables from a total of 15 tables):

Future Medical Care - Routine Care and Periodic Evaluations

Specialist	Age/Years Needed	Frequency	Cost (Source)
Neurologist	Lifetime	To age 18: 1 x year Then: every 2 years	(\$195/visit) To age 18: \$195/year Then: \$195 every 2 years (J. Hernandez, MD)
PM&R	Lifetime	4 x year	(\$160/visit) \$640/year (Children's Health, Performance Sports Medicine, Methodist)
Orthopedist	Lifetime	To age 18: 2 x year Then: 1 x year	(\$187.50/visit) To age 18: \$375/year Then: \$187.50/year (C. Gill, MD)
Gastroenterology	Lifetime	To age 18: 2 – 3 x year Then: 1 x year	(\$400/visit) To age 18: \$800 – \$1,200/year Then: \$400/year (J. Andersen, MD)
Neurosurgery	Lifetime	See Surgery Table	Included in surgery costs

Supply Needs

Supplies	Supply Quantity	Per Unit Cost	Cost (Source)
Continence	Diapers: 5/day Wipes: 5/day Gloves: 10/day Ointment: 4 oz/month Bed protector: 3/day	\$0.3482 \$0.0561 \$0.1122 \$3.0172/oz \$0.7387	\$679.3170/year \$102.3760/year \$409.7487/year \$144.8241/year \$809.4547/year (Walmart, Shield, CVS)

Home/Facility Care

Home Care/Service	Age/Year Needed	Hrs./Shifts/Days of Attendance	Cost (Source)
Home attendant care Skill level: Unlicensed	Lifetime	To age 18: 16 hours/day Then: 24 hours/day in group home (assisted living) OR private residence	(\$25.50/hour) To age 18: \$149,022/year (\$7,000/month) \$7,000/month \$84,000/year OR (\$25.50/hour) \$223,533/year (Maxim, Home Helpers of City, ElderoptionsofCA.com, Fancy Group Home)

Sample #4 (Note: This is an excerpt of 2 tables from a total of 14 tables; also note that this is a defense critique of a plaintiff life care plan):

Aggressive Treatment Programs, Surgery, Procedures

Plaintiff Recommendation Years Needed & Frequency	Plaintiff Costs (Source)	Elsie Planner/Expert Comments	Elsie Planner Alternative
Emergency room visits 2 x year	\$378/visit \$756/year (Medical Fees)	Cost is close to average payment Dr. Osteofix and Dr. Comfort: Not needed	Omit: For informational purposes: No change to cost
Hardware removal, left clavicle CPT 20680, 00450 1 x occurrence Post-op PT: 24 visits	Facility: \$6,543 – \$6,796.84 Surgeon: \$1,909.05 Assistant: \$381.81 Anesthesia: \$1,359.37 Total: \$10,320.15 (FH, MF, VA) PT: \$5,112.72 (MF)	Dr. Osteofix: May exacerbate CRPS; less than 50% likely to be done. For informational purposes: Outpatient, no assistant needed, 1-hour surgery time, 12 PT visits; can be done at same time as elbow	Omit For informational purposes: Use CPT 20670 Combine removal of clavicle and elbow hardware into one surgery Facility: \$6,352.50 Surgeon: \$2,680.50 Assistant: \$0 Anesthesia: \$1,500 Total: \$10,533.00 (City Surgery Center, Dream Orthopedics, City Anesthesiology) PT: \$1,608.70 (Rebound, Focus PT, Falling Waters Center, Living Well Therapy)
Hardware removal, left elbow (ORIF intra-articular olecranon fracture) CPT 20680, 01740 1 x occurrence Post-op PT: 24 visits	Facility: \$6,543 – \$6,796.84 Surgeon: \$1,909.05 Assistant: \$381.81 Anesthesia: \$1,076.57 Total: \$10,037.35 (FH, MF, VA) PT: \$5,112.72 (MF)	Dr. Osteofix: May exacerbate CRPS; less than 50% likely to be done. For informational purposes: Outpatient, no assistant needed, 1-hour surgery time, 12 PT visits; can be done at same time as clavicle	

Orthotics/Prosthetics

Plaintiff Recommendation Years Needed & Frequency	Plaintiff Costs (Source)	Elsie Planner/Expert Comments	Elsie Planner Alternative
Elbow brace Every 2 years	\$1,350 (JAS)	Currently using a JAS brace Dr. Osteofix: Replacement not needed	Omit: For informational purposes: Cost is reasonable
Foot brace 1 x year	\$114.99 (Brace Shop)	Insufficient description to determine brace style Dr. Osteofix: Not needed Dr. Comfort: Accept if provides comfort	Unable to determine cost
Compression stockings 6 pair/year	\$103.77/6 pair (Long's Drugs)	Dr. Osteofix: Possible temporarily after foot surgery Dr. Comfort: Accept if provides comfort	Allowance: \$25.00/6 pair (Amazon.com)